

The GSGS Research Grant Report Academic Year: 2023 Grantee

Name: Edward Asis

Affiliation: Graduate School of Global Studies

Research Expenses: The total expense amounts to 151,624 yen. Originally, the grant allocated was 161,000 yen, but due to the inability to conduct in-person interviews as planned, a portion of the research grant was redirected to cover the costs of proofreading for my journal. The items purchased using the research fund include:

- Interview transcribers: ¥82,162
- Journal proofreading editor: ¥50,000
- "Health Insurance Politics in Japan" book: ¥7,894
- "Care Communication" book: ¥7,568 yen
- "An Archipelago of Care: Filipino Migrants and Global Networks" book: ¥4,000

Research Objective:

This research utilized interpretative phenomenological analysis to explore the emotional labor of Filipino long-term care workers in Japan. The aims of this study were to:

- Explore local conceptualizations of emotional labor among migrant Filipino care workers in long-term care facilities, including the elements that shape emotional labor, such as situational cues and individual and organizational factors.
- Investigate the emotional regulation process of emotional labor among this population within the context of long-term care facilities.
- Examine the long-term consequences of emotional labor on the individual and organizational well-being of migrant Filipino care worker

Achievement: I had the opportunity to present my initial research findings at the American Public Health Association (APHA) conference in Atlanta, USA. Additionally, I'm pleased to share that my research article titled "Racial microaggressions and positive coping strategies among migrant elderly care workers in Japan" has been published in a high-impact journal. Perhaps the most significant milestone in my research journey is the completion of data collection, marking a crucial step forward as I now focus on writing my PhD dissertation. Once this task is accomplished, I aim to leverage the qualitative data I've gathered to publish three more articles in high-impact journals. I am deeply grateful to the GSGS department and Sophia University for their unwavering support throughout this endeavor.